

2nd Annual
Friends of Henry Horton State Park
5K Run/Walk
May 15, 2010
7:00 AM CST

LOCATION: Henry Horton State Park
- The race will start and finish at the swimming pool parking lot. Free parking and restroom facilities available on site.

COURSE: Scenic 5K (3.1 mile) course that showcases the HHSP picnic areas, playgrounds, disc golf course, cabins and other activities available to park visitors. Splits given every mile and water at the halfway point.

ENTRY FEE:

\$25 race only \$30 race & t-shirt
\$50 race, t-shirt, &
FoHHSP membership

Pre-register through May 8. Race Day registration will be held from 6:15-6:45 a.m. T-shirt size guaranteed for pre-registered participants only.

AGE GROUPS:

12 & under	13-19	20-29
30-39	40-49	50-59
60-69	70 & over	

AWARDS:

1st and 2nd male overall
1st and 2nd female overall
1st and 2nd in each age division

An awards presentation will be held on site immediately following the race.



About Friends of Henry Horton State Park (FoHHSP)

FoHHSP was created to preserve, promote education, including the outstanding natural, geological, biological, cultural, historical, educational and recreational facilities of Henry Horton State Park to the community through activities; to promote environmental conservation and wilderness resource protection and awareness.

Membership in the FoHHSP is open to all persons and businesses interested in promoting these activities.

Proceeds from the 2nd Annual Friends of Henry Horton State Park 5K Run/Walk will be used to fund activities to fulfill the FoHHSP mission.

Other FoHHSP Sponsored Activities

Easter Egg Hunt (April 3, 2010)
Annual Golf Tournament (June 25, 2010)
Step Back in Time (September 17-19, 2010)
Christmas Parade
Duck River Watershed Program
Hybrid Chestnut Tree Planting Program
Lead Reclamation Project
Monthly Gardening Series
Golf Course Landscaping
Jenn swings (2) for playground
Trailer Purchase
Skeet Range Remodeling

Contact Cecile Wiser (cpwiser@gmail.com) for more information about becoming a FoHHSP member.

2nd Annual



Friends of
Henry Horton State Park
5K Run/Walk

Date

Saturday, May 15, 2010

Time

7:00 AM CST
(6:15AM CST sign-in begins)

Location

Henry Horton State Park
4358 Nashville Highway
Chapel Hill, TN 37034

Separate form is required for each race participant.

PARTICIPANT NAME _____

Gender: Male _____ Female _____

Age as of May 15, 2010 _____

Registration Fee:

____ \$25 - Race only

____ \$30 - Race & T-shirt

____ \$50 - Race, T-shirt, & FoHHSP membership

T-shirt Size: Small _____ Medium _____ Large _____ X-Large _____

NAME: _____

Address: _____

City: _____ State: _____ Zip Code: _____

E-mail: _____

Phone #: _____

Release of Liability: Each participant or Parent/Guardian of each minor participant will be required to sign a Release of Liability statement. The **Release of Liability** statement will be provided upon check-in the morning of the race.

Photographs: FoHHSP will be taking photos for publicity and promoting usage of Henry Horton State Park. We appreciate your cooperation. However, if you ***DO NOT WANT PICTURES TAKEN*** of you or your child, please sign here:

Signature Date

Printed Name of Participant or Parent/Guardian of Minor

REGISTRATION INFORMATION

\$25 – Race only

\$30 Race & T-shirt

\$50 – Race, T-shirt & FoHHSP membership

Entry fee must be submitted with the completed registration form. Make all checks payable to:

Friends of Henry Horton State Park

There are four easy ways to register:

Online at active.com

www.active.com/event_detail.cfm?event_id=1850041

IN PERSON PRE-REGISTRATION

Henry Horton State Park – Park Office
4358 Nashville Highway
Chapel Hill, TN 37034

MAIL PRE-REGISTRATION

Friends of Henry Horton State Park
P. O. Box 282
Chapel Hill, TN 37034

RACE DAY REGISTRATION

Cash or Check

Registration and check-in for participants will be from
6:15-6:45AM CST
at the

Henry Horton State Park
swimming pool parking lot.

*Strollers, Pets and Cheerleaders
are WELCOME!*

For more information,
contact Cecile Wiser at cpwiser@gmail.com.

*Plan a day of fun for you and
your family at
Henry Horton State Park.*

Henry Horton State Park is well known for their championship [18-hole golf course](#), inn and cabins, campgrounds and trap and skeet range. The 1,140-acre park has three hiking trails where you may see a variety of wildlife such as wild turkey, deer and many kinds of wildflowers. Summer months bring hours of family enjoyment whether it's swimming in our Olympic-sized pool, fishing along the Duck River, playing volleyball or basketball, or having a picnic, Henry Horton State Park has a lot to offer. Visit us on the web.

www.state.tn.us/environment/parks/HenryHorton

Directions to Henry Horton State Park

Henry Horton State Park is located 40 miles south of Nashville on U.S. Hwy 31A between the towns of Chapel Hill and Lewisburg. The park is accessible via I-65 by turning east on State Hwy 99 and following the signs.

From Nashville, take I-65 South to Columbia/Chapel Hill exit #46 and travel East on Hwy. 412 to 431 South, take a right onto 431S and travel approximately 3/4 - 1 mile, taking a left on Highway 99. Follow Highway 99 until it dead-ends at Highway 31A. Turn right and travel approximately 1 mile. Park entrance is on the left.

From Birmingham, take I-65 North to Columbia/Chapel Hill exit #46 and travel East on Hwy. 412 to 431 South, take a right onto 431S and travel approximately 3/4 - 1 mile, taking a left on Highway 99. Follow Highway 99 until it dead-ends at Highway 31A. Turn right onto 31A and travel approximately 1 mile. Park entrance is on the left.